

## “Konichiwa” – From the land of rising Sun



Before I began talking about Kaizen, we should know about Japan and their history., A small country where the sun rises for first side among eastern countries., A country adversaries are daily occurrence., small country where mostly things did not get produced everything has to be imported., hence cost is high for everything apart from normal things. We are known Japan for electronics, car, electricals equipment etc., Being in the fault line i.e. Seismic plate earthquake comes inheritance from ages. Sometimes the weather are rough and due to earthquake we see Tsunami waves which has devastated Japan 2011., Apart from this the early history of World War II where Atomic Bomb has devastated Hiroshima and Nagasaki.

In war Japan was devastated they took a ought that they would come back vengeance not in form of violence but in form of becoming world greatest economy., They had become famous for being torn apart., but now they will become famous for good things. One of thing they wanted to make a turnaround was Industries and Production and making things which would make them proud.

Looking all the above conditions cost was major thing and people scarcity during the war., they devise a simple way of working to reduce Cost in factories and other place. That's where the emotion came Kai to change Zen means for Good and that's how kaizen came to Birth. The practice of improving one condition from the earlier., In simple example if some things take 10 mins to do how I can do it 8 mins. That way of reform is called Kaizen. With this simple principle companies like Toyota, Nissan, Mitsubishi,



Yamaha etc. not only industries everyone and everplace started to reduce cost and how we can reduce Human effort., The idea is not to provide job opportunity but to save people for Longevity.,

All the Rotarians coming from various background can use this principle to improve their work, lives and home. Since Bombay and all other place the cost of property is increasing at alarming in this case who we can utilise the space in cupboard and how we organize this things at home for retrieval use and keep it back. The simple way to start working with Kaizen is to measure your work activity and then devise idea to reduce the time (focus on human effort and generate idea to use simple automation). From the concept of kaizen there come another philosophy of 5s.

5s is way of organizing things and having clean and beautiful place of work. So that you don't waste your time for searching and finding things. If the things are organized and properly tag and clothes in wardrobe are properly arranged., we would take less time to retrieve there are saving our effort.

The philosophy is that every human being has been god gifted is “Mind” and if human being carries the Mind which can think and imagine then why don't we utilise the same mind to generate ideas.

So putting human effort in unnecessary things is waste for us a human being and that's the idea of the thing. During my current visit the place i'm writing this article is place called Ena and now its is -6 degree outside 6.00 am in the morning. Throughout this week we saw some best factories and undertand more principles of Kaizen in various and believe me every time I come here I generate new ideas of way of working and being efficient.

With this article I just want to express my thoughts to my fellow rotarians and friends there are simple technique and we should learn and improve ourselves. I have being promoting this knowledge since 15 years now., You will find more details of kaizen on internet., but if you want to hear my experience I would be happy to come and address your club.

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